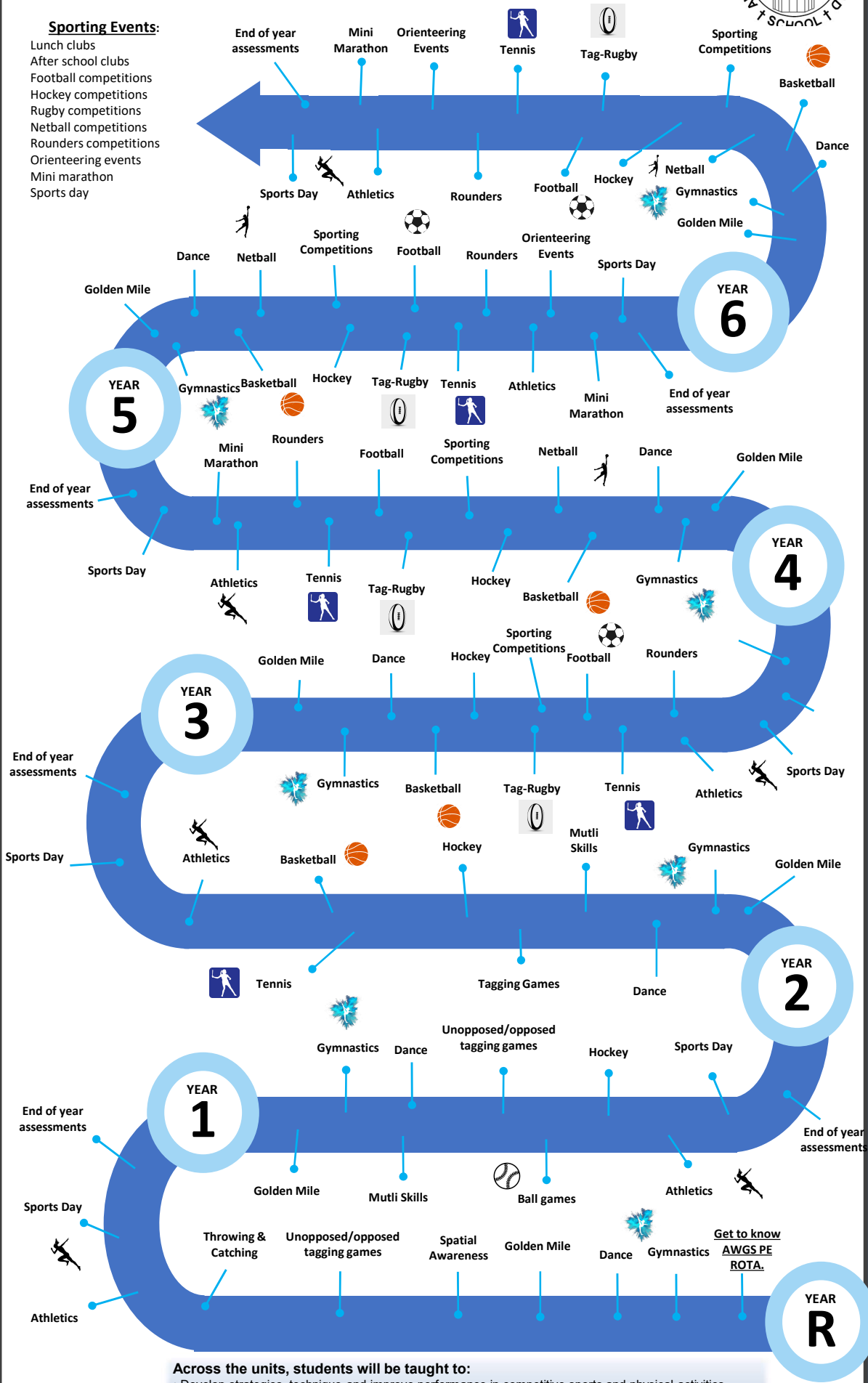


# Alderbury and West Grimstead Primary School Physical Education Learning Journey



## Sporting Events:

- Lunch clubs
- After school clubs
- Football competitions
- Hockey competitions
- Rugby competitions
- Netball competitions
- Rounders competitions
- Orienteering events
- Mini marathon
- Sports day



### Across the units, students will be taught to:

- Develop strategies, technique and improve performance in competitive sports and physical activities
- Take part in outdoor and adventurous activities which present academic and physical challenges and be encouraged to work in a team, building on trust and developing skills to solve problems, either individually or as a group
- Analyse and evaluate their own and others' performances and demonstrate improvements
- Take part in competitive sports and activities outside school through community links or sports clubs.